

Personal Independence Payment (PIP)

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Personal Independence Payment (PIP) helps with some of the extra costs caused by long term ill-health or a disability if you are aged between 16 and under State Pension Age.

PIP started to replace Disability Living Allowance (DLA) for people aged 16 to 64 from 8th April 2013.

PIP is made up of two components. Whether you get one or both of these depends on how your condition affects you. You must have had these difficulties for at least 3-months and expect them to last for at least 9-months. If terminally ill (i.e. not expected to live more than 6-months), you do not need to have had these difficulties for 3-months.

To be eligible for PIP you must have lived in England, Scotland or Wales for at least 2 of the last 3-years, and be in one of these countries when you apply. If you've recently returned from living in another EEA country, you might be able to get PIP sooner.

If you're not a British citizen you must:

- Normally live in or show that you intend to settle in the UK, the Republic of Ireland, Isle of Man or the Channel Islands.
- Not be subject to immigration control (unless you are a sponsored immigrant).

You might still be able to get PIP if you are a refugee or have humanitarian protection status.

You can get PIP whether you are working or not.

Daily living difficulties

You may get the daily living component of PIP if you need help with things like:

- Preparing or eating food.
- Washing, bathing and using the toilet.
- Dressing and undressing.
- Reading and communicating.
- Managing your medicines or treatments.

- Engaging with other people.

Mobility difficulties

You may get the mobility component of PIP if you need help with going out or moving around.

Assessments

Your claim will be assessed by an independent healthcare professional to help DWP work out the level of help you need. This may be a face-to-face consultation – you will get a letter explaining why and where you must go. You can request a home assessment in some circumstances

DWP makes the decision about your claim based on the results of the assessment, your application and any supporting evidence you include.

If you receive Disability Living Allowance (DLA)

Disability Living Allowance (DLA) is ending for people aged 16 and under State Pension Age.

You can keep getting DLA if you're under 16 or you were born on or before 8th April 1948 and have an existing claim.

You will continue getting DLA until the Department for Work and Pensions (DWP) invites you to apply for PIP. You do not need to do anything until DWP writes to you about your DLA unless your circumstances change.

If you are getting a State Pension, you can apply for Attendance Allowance (see our Attendance Allowance factsheet).

Personal Independence Payment (PIP) rates

PIP is usually paid every 4-weeks. It is tax free and you can get it whether you are in or out of work.

PIP is made up of 2 components (parts) called daily living and mobility, and each can be paid at either a standard or enhanced rate. Whether you get one or both of these and how much you will get depends on how severely your condition affects you.

The weekly rates for PIP from April 2024 to March 2025 are:

[PIP Factsheet](#)

Daily Living component	Weekly rate
Standard	£72.65
Enhanced	£108.55
Mobility component	
Standard	£28.70
Enhanced	£75.75

The application process can be long and complicated. Many carers help the person they are looking after to complete the claim form or complete it on their behalf. The more you know about these benefits the more likely it is that the person you are looking after will be able to make a successful claim.

Change of circumstances

You must contact the PIP enquiry line if:

- Your personal details change, for example your name, address, or doctor.
- The help you need or your condition changes.
- You go into hospital or a care home.
- You go abroad.
- You are imprisoned or held in detention.

You could be taken to court or have to pay a penalty if you give wrong information or do not report a change in your circumstances.

For further information

DWP – Personal Independence Payment Claims

Claim by telephone or textphone.

0800 917 2222

Textphone: 0800 917 7777

Carers Trust Crossroads West Wales

Carers Trust Crossroads West Wales offers a range of carer support services that are available for unpaid carers of all ages. Contact us for further information on the support services we have available in your area.

Tel: 0300 0200 002

Email - Llanelli Office: info@ctcww.org.uk

Website: www.ctcww.org.uk

Citizens Advice Bureau (CAB)

For practical information & advice on welfare benefits and other topics.

Email: advice@carmarthenshire-ca.org.uk

Website: <https://www.carmarthenshire-ca.org.uk/>

Tel: 01267 234 488

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